

Alzahraa Ahmed

Senior clinical psychologist

ABOUT ME

Senior Clinical Psychology student, aiming to develop both practical and academic skills in the field of mental health. Particularly interested in neuropsychology and Dialectical Behavior Therapy (DBT), and seeking opportunities to gain experience through training and volunteering in clinical settings.

EDUCATION

Bachelor of clinical psychology

Princess Nourah bint
Abdulrahman University
2022-2027

SKILLS

Neuropsychology

Basics

DBT Fundamentals

Communication Skills

Clinical

Documentation

Empathy & Active

Listening Psychological

Assessment

Teamwork

Research & Analysis

LANGUAGE

- English
- Arabic



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EXPERIENCE



Psychology Intern

Aug 2024- Nov 2024

Ma'tmennah Center – Riyadh

- Observed clinical interviews with psychologists and psychiatrists.
- Provided feedback and clinical impressions post-session.
- Conducted initial intake: gathered basic data and chief complaints from clients.



Psychology Intern

Aug 2024- No 2024

Hodou Clinic – Riyadh

- Attended DBT and CBT sessions as an active observer.
- Participated in developing treatment plans under supervision.
- Gained exposure to structured psychotherapeutic techniques.



Psychology Intern

Mar 2025- May 2025

Idrak Clinic – Riyadh

- Continued clinical observation, including medication-focused sessions with psychiatrists.
- Gained insight into psychopharmacological management of various disorders.
- Assisted in treatment planning and multidisciplinary case discussions.



Psychology Intern – Pediatrics Department

Aug 2023

King Abdullah Hospital – Riyadh

- Interacted with children with Autism, Down syndrome, and ADHD.
- Administered developmental and behavioral assessments under supervision.
- Learned techniques for building rapport with neurodiverse children.

Certifications & Training

King Faisal Specialist Hospital &
Research Centre
2025

Applied Behavior Analysis (ABA)

Managing Psychological
Stress
Ahlā Ḥayā Team
2024